



# Welcome

**Message: Win Anyway!**  
**Dr. Lance Watson, Senior Pastor**

**PRAYER:** God of victory, we come together in heart and voice to offer You our deepest thanksgiving for the unshakable resolve You have planted within us to overcome every trial and win anyway by faith. Lord, we praise You that our victory is not determined by the challenges around us, but by the eternal promises of Your Word and the mighty power of Your Spirit working in us. We thank You for turning our challenges into steppingstones, our fatigue into supernatural strength, and our doubts into unwavering trust as we walk boldly by faith and not by sight. Grateful for the triumph You have already secured on our behalf, we stand united in purpose, giving You all the glory, honor, and praise today and forevermore, in Jesus' name. Amen.

**ICEBREAKER:** What's one defining moment in your life where you turned a setback into a win?

**INTRODUCTION:** In Luke 8:43–48, a woman who had suffered from a debilitating issue of blood for twelve long years faced immense physical exhaustion, financial ruin from fruitless medical treatments, and severe social and religious isolation. Yet, despite these overwhelming barriers and the suffocating pressure of a dense crowd, her inner resolve drove her to press forward and reach out to touch the fringe of Jesus' garment. Her victory was secured not just by her sheer persistence in reaching Him, but by her audacious faith—a bold act that instantly restored her health and prompted Jesus to publicly honor her courage, declaring that her faith had made her whole and sending her away in complete peace.

**BIBLE STUDY: Read Luke 8:43-48 (NIV):** <sup>43</sup> And a woman was there who had been subject to bleeding for twelve years, but no one could heal her. <sup>44</sup> She came up behind him and touched the edge of his cloak, and immediately her bleeding stopped. <sup>45</sup> “Who touched me?” Jesus asked. When they all denied it, Peter said, “Master, the people are crowding and pressing against you.” <sup>46</sup> But Jesus said, “Someone touched me; I know that power has gone out from me.” <sup>47</sup> Then the woman, seeing that she could not go unnoticed, came trembling and fell at his feet. In the presence of all the people, she told why she had touched him and how she had been instantly healed. <sup>48</sup> Then he said to her, “Daughter, your faith has healed you. Go in peace.”

## **DISCUSSION QUESTIONS:**

1. **What was your biggest takeaway from the message?** What's one thing you learned? What questions came to mind as you listened to the message? What points did you find most insightful?
2. **Overcoming Persistent Disappointments:** The woman faced twelve long years of physical suffering, financial drain, and social isolation, yet she refused to let past disappointments make her give up hope. What is an ongoing challenge or long-standing obstacle in your life that feels hard to overcome? How can her persistence encourage you to keep seeking breakthrough instead of settling?
3. **Pushing Through Barriers:** According to the law at the time, her condition made her legally "unclean," meaning stepping into a dense crowd took immense risk and courage. What internal barriers (like shame, fear of judgment, or feeling unworthy) or external pressures prevent you from reaching out to Jesus or seeking help? How can you actively "push through the crowd" in your life right now?

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4. **Moving from Hidden Touch to Bold Testimony:** Jesus stopped the entire crowd to bring her out of the shadows, turning a desperate, hidden act into a bold public witness. Why do you think Jesus insisted on her speaking publicly rather than letting her slip away quietly? Has there been a time when sharing your story or vulnerability—even when terrifying—led to greater freedom or encouraged others?
5. **Experiencing Complete Wholeness (Beyond Physical Healing):** Jesus restored not just her physical body, but her identity ("Daughter"), her community standing, and her spiritual peace (*Shalom*). In what areas of your life are you seeking more than just a quick fix or surface solution? What would stepping into God's full peace and true identity look like for you this week?

**LIVE IT OUT:** This week, determine to transform every setback into strategy and every disappointment into drive, proving that no obstacle can dismantle a determined heart.

**ANNOUNCEMENTS:** Take this time to share group announcements. Announcements can be found at [www.myspbc.org](http://www.myspbc.org). You can also “find, follow and like” our Facebook page at [facebook.com/myspbc](https://facebook.com/myspbc). Turn on your notifications. Remember to subscribe to our YouTube channel!

**CELEBRATIONS:** Take this time to share praise reports (e.g. answered prayers, birthdays, anniversaries, promotions).

**PRAYER REQUESTS & PRAYER:** Take this time to share prayer requests. Close with prayer.

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## We Care!

**NOTICE:** As a small group leader, we depend on you to show members that we care. Here's a list of resources to help you.

### FOR PRAYER:

CALL: 804.463.2472

EMAIL: [prayer@myspbc.org](mailto:prayer@myspbc.org).

### FOR COUNSELING:

CALL: 804.643.6177

EMAIL: [care@myspbc.org](mailto:care@myspbc.org)

### TO REQUEST A HOSPITAL VISIT:

CALL: 804.304.3890 (For Emergencies)

EMAIL: [ecare@myspbc.org](mailto:ecare@myspbc.org).

### TO REQUEST FUNERAL SUPPORT:

CALL: 804.304.3890 (Pastor On Call)

EMAIL: [ecare@myspbc.org](mailto:ecare@myspbc.org).

### TO FIND A SUPPORT GROUP:

CALL: 804.643.6177

EMAIL: [care@myspbc.org](mailto:care@myspbc.org).

### TO REQUEST EMERGENCY ASSISTANCE:

CALL: 804.643.4000

EMAIL: [emergencyassistance@myspbc.org](mailto:emergencyassistance@myspbc.org).

**TO CONTACT MY LIFE STAGE PASTOR:** CALL: 804.643.4000 and Press 1 for the Dial by Name Directory

EMAIL:

- Imagination (0-10): Vernita Williams: [Vernita.Williams@myspbc.org](mailto:Vernita.Williams@myspbc.org)
- SMB (11-19): Martina Jones-Smith: [Martina.Jones-Smith@myspbc.org](mailto:Martina.Jones-Smith@myspbc.org)
- Dreamchasers (20-29): Juan Shackelford: [juan.shackelford@myspbc.org](mailto:juan.shackelford@myspbc.org)
- Aspire (30-39): Lance Watson, Jr.: [lance.watsonjr@myspbc.org](mailto:lance.watsonjr@myspbc.org)
- Fusion (40-49): Michelle Townsend: [michelle.townsend@myspbc.org](mailto:michelle.townsend@myspbc.org)
- Encore (50-59): Lisa Johnson: [lisa.johnson@myspbc.org](mailto:lisa.johnson@myspbc.org).
- Prime Time (60-69): Maceo Freeman: [maceo.freeman@myspbc.org](mailto:maceo.freeman@myspbc.org)
- Refiners (70+): Roscoe Jones: [roscoe.jones@myspbc.org](mailto:roscoe.jones@myspbc.org)

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*GPS is a study guide based on the weekend message. The purpose of this guide is to assist small groups in study.  
Previous GPS Guides are available online at [www.myspbc.org](http://www.myspbc.org).*



## Small Group Leader Guide

*Would you like to START or JOIN a Small Group at Saint Paul's?*

Most existing groups are open to new group members, and new groups begin on a regular basis. If you have friends in a small group, ask about joining their group. If you are new to Saint Paul's and are looking for a place to connect, please feel free to contact us and we will do our best to help you find the right group.

### **Leader Tips:**

The GPS document is a guide for discussion. Don't feel like you must use every question. Some questions will take a while to work through while others will be over in a few seconds!

1. Don't teach the lesson. The lesson was taught on the weekend. Just ask questions and let everyone else talk.
2. Let other people ask questions. It's OK to go "off topic" for a while. Sometimes those conversations are more interesting anyway!
3. Have fun. Relationships, not curriculum, are the heartbeat of our small groups. So, have fun with the people in your group.

## Agenda for a Small Group Gathering

### **Gathering Time**

Take 5-10 minutes to welcome everyone, catch up and if planned, share some food!

### **Discussion Time**

Here's a suggested format:

1. **Ice Breaker** – Lighthearted icebreaker question (5-10 min.)
2. **Discussion** - Discussion time, Bible study, application challenge (30-40 min.)
3. **Prayer** – Prayer requests and praying for one another (10-20 min.)
4. **Planning** – Remind the group of how we serve together (e.g. usher, sing, greet, pray, etc.)